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Abstract. Mandala patterns generated from Chinese poems which were composed by Su Shi (Su Tungpo) are shown. The drawing is based on the spiral mapping technique, with which one can visualize a statistical property of a text within a two-dimensional region through spirally folding a string of Chinese characters.

Mandala Patterns and Chinese Poems

Mandalas are highly symmetrical arrangements of sacred symbols, which constellate around the center (TUCCI, 1969). Originally they were used as means of the religious achievement in the Hinduism as well as the Buddhism. On the basis of this initial meaning, recent progress in the depth psychology has found relevance between the highly symmetrical drawings and the traditional mandalas. JUNG (1968) had found through observations of his patients that such singular figures with rigorous symmetries could be interpreted with a symbol of the "Self" being a key concept in his psychology (JACOBI, 1954). In his point of view it is the mandala that appears as a symbol of "Self" which attemps to integrate various conflicting elements in the mind. In his works he classified mandalas into the two categories: Type I) "modern or personal mandalas" as a natural symbol and Type II) "traditional or historical mandalas" as a cultural symbol. Their respective examples can be seen in Fig. 1(a) (HYEMEYOHSTS STORM, 1972) and in Fig. 1(b) (KODAMA, 2002); the eight-foliate core of the embryo-stored (TAIZO) mandala, Fig. 1(b), is expressed with nine Sanskrit characters. According to this classification the mandalas used in the Esoteric Buddhism can be included in the latter. Based on the Jung's understanding, more recently TUCCI (1969) has defined mandalas as "figures symbolically representing the two processes that consist of break-up and reintegration of the consciousness." In this paper, mandala patterns generated from Chinese poems composed by Su Shi (1036-1101), who has also been referred to as Su Tungpo, are shown. He was the most outstanding poet in the Beisung period (960–1127). In Japan he has been known by the name of So Shoku and of So Toba, respectively (see, e.g., OGAWA, 1983; OGAWA and YAMAMOTO, 1983). The drawing is based on the spiral mapping technique (HAYATA, 2004), with which one can visualize a statistical property of a text within a two-dimensional region through spirally folding a





Fig. 1. (a) An example of Type-I mandalas, which symbolizes the spirit of a native American. (b) An example of Type-II mandalas in the Esoteric Buddhism.

string of Chinese characters. With the Jung's classification mentioned above, these symmetrical patterns can be categorized into Type-I mandalas.

An Outline of Mapping Procedure

In this section a method for generating mandala patterns is reviewed through application to Poem #81 (OGAWA and YAMAMOTO, 1983) shown in Fig. 2(a). In the present method we take notice of fluctuation in the number of KANAs along the sequence of the Japanese reading of Chinese poems. Note that KANAs are letters in the Japanese syllabary, which are frequently added to a Chinese character in order to indicate its pronounciation. For visualizing the sequence of the character-length data the spiral mapping technique (HAYATA, 2004) is useful, where the length is defined as the number of KANAs per Chinese character.



Fig. 2. (a) Poem #81 entitled "Responding to the Poem of Shuiquan." (b) Sequential strokes resulting from character-length data. (c) Spirally mapped orbits.





Fig. 3. Mandala pattern generated from Poem #81 (copyright belongs to K. Hayata).

In this method, from a point on the outermost orbit to the center, a notched spiral with the clockwise rotation is drawn in accordance with the direction of the sequence. However, because of the uncertainty in the location of the initial point, in actual drawings, instead of the forward propagation, a spiral with the counterclockwise rotation is created backward. Applying the spiral mapping algorithm (HAYATA, 2004) to the sequence of Fig. 2(b), one obtains the trajectory

 $\begin{array}{c} (0, 0) \rightarrow (3, 0) \rightarrow (3, 3) \rightarrow (0, 3) \rightarrow (0, 5) \rightarrow (-5, 5) \rightarrow (-5, 1) \rightarrow (-7, 1) \rightarrow (-7, -2) \\ \rightarrow (-5, -2) \rightarrow (-5, -6) \rightarrow (1, -6) \rightarrow (1, -3) \rightarrow (3, -3) \rightarrow (3, -1) \rightarrow (5, -1) \rightarrow (5, 5) \\ \rightarrow (3, 5) \rightarrow (3, 7) \rightarrow \cdots \rightarrow (17, -24) \rightarrow (17, -22) \rightarrow (19, -22) \rightarrow (19, -20) \rightarrow (21, -20). \end{array}$

Here the adjacent points are joined with a segment line. The spiral pattern realized with this trajectory is shown in Fig. 2(c). Eventually, in order to yield a pattern with four-fold mirror symmetry, the original pattern and its seven copies are superimposed.

Exhibition of Spirally Mapped Mandalas: A Journey for a Golden Flower

Poem #81: The mandala pattern generated from the poem of Fig. 2(a), which is entitled "Responding to the poem of Shuiquan," is shown in Fig. 3, where Shuiquan signifies the

(a)	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1			
	玉藥何時拆	攀條爲惆悵	嫩蕚初似麥	寒梅與凍杏	煩汝爲攘磔	愁來豈有魔	矍鑠驚遠客	府卒來驅儺	所得不償失	感時嗟事變	忽若箭已釋	往事今何追	屈指已成昔	念爲兒童歲	隴饌有熊腊	秦烹惟羊羹	冷酌不成席	强歡雖有酒	未暇憂歲夕	方愁後會遠	遠別不容惜	薄宦驅我西	:	寄	和子由除日見
	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23			
	憂愁何足擲	一月寄一篇	誰謂千里隔	詩成十日到	鬭健未免馘	但恐詩力弱	尚可消永日	臨池飲美酒	中有汧水碧	北池近所鑿	幸忝佐方伯	兄今雖小官	疑子在咫尺	依依見其面	子意遠可 射	詩來苦相寬	不見膏自炙	胡為獨多感	安用聲名籍	人生行樂耳	行見棄夏覈	不憂春豔晚			
				(b)						F	Ŧ					1									



Fig. 4. (a) Poem #110 entitled "Responding to a poem which has been received on New Year's Eve from Ziyou." (b) Mandala pattern generated from (a) (copyright belongs to K. Hayata).

god of water. This poem is composed of 40 lines; each line contains five characters. Gazing at this mandala would remind us of a bird's-eye view of a splendid flower garden where the configuration among beds is exquisitely balanced. Herein a quatrefoil is surrounded with an octofoil (a double quatrefoil), which is enclosed by a rim.

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(a)	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
	有田不歸如江水	我謝江神豈得已	江神見怪驚我頑	江山如此不歸山	非鬼非人竟何物	悵然歸臥心莫識	飛焰照山棲鳥驚	江心似有炬火明	二更月落天深黑	是時江月初生魄	断霞半空魚尾赤	微風萬頃靴文細	山僧苦留看落日	鼲愁畏晚尋歸楫	江南江北青山多	試登絕頂望鄉國	古來出沒隨濤波	中泠南畔石盤陁	天寒尚有沙痕在	聞道潮頭一丈高	宦遊直送江入海	我家江水初發源	遊金山寺



Fig. 5. (a) Poem #267 entitled "Visiting Jinshan Temple." (b) Mandala pattern generated from (a) (copyright belongs to K. Hayata).

(a)	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		
	清景一失後難摹。	作詩火急追亡逋	到家怳如夢蓬蘧。	兹遊淡泊歡有餘。	但見野鶻盤浮圖。	出山迴望雲木合	整駕催歸及未喃。	天寒路遠愁僕夫。	擁褐坐睡依圓蒲。	紙窗竹屋深自暖	道人有道山不孤。	孤山孤絕誰肯廬。	寶雲山前路盤 新。	道人之居在何許	名尋道人實自娛。	臘日不歸對妻孥。	林深無人鳥相呼。	水清出石魚可數	樓臺明滅山有無。	天欲雪 雲滿湖。	恵思二僧	臘日遊孤山訪惠勤

Fig. 6. (a) Poem #276 entitled "In a festival day on December of the lunar calendar, making a trip to Gushan, and visiting two bonzes by the names of Huiqin and Huisi." (b) Mandala pattern generated from (a) (copyright belongs to K. Hayata). (c) Same as (b) but the reading different from that of (b) (copyright belongs to K. Hayata).





Fig. 6. (continued).



Fig. 7. (a) Poem #429 entitled "Bonze Qingshun newly builds Chuiyunting." (b) A superimposition between the pattern shown in Fig. 6(c) and the one resulting from Poem #429 (copyright belongs to K. Hayata).

Poem #110: The pattern generated from Poem #110 (OGAWA and YAMAMOTO, 1983), which is composed of 44 lines with five characters per line (Fig. 4(a)), is displayed in Fig. 4(b). First, the mandala impresses us with its highly complicated flowerings being full blown. Specifically, we can find a large wreath enclosing a smaller one with a deformed

(a)	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
	相對歡有餘	烹雞酌白酒	始識長者車	是時里中兒	罷官還舊廬	矯矯任夫子	雨中擷園蔬	常呼赤脚婢	小池白芙蕖	高樹紅消棃	堂上四庫書	門前萬竿竹	老史在郊墟	出門無所詣	小人自闊疎	何嘗疎小人	風采照鄉閭	道德無貧賤	杜門皇祐初	先君昔未仕
	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21
	解辮請冠裾	威行烏白蠻	老佩刺史魚	獨喜任夫子	始悟萬緣虛	漂流二十年	清血滿襟袪	我亦涉萬里	孤墳拱桑樗	史侯最先沒	耆老逝不居	歳月曾幾何	精悍實起予	侍立看君談	作賦慕相如	我時年尙幼	主人竟誰歟	妻子走堂下	往還葛與徐	有如龐德公
	60	59	58	57	56	55	54	53	52	51	50	49	48	47	46	45	44	43	42	41
	幾何不樵漁	頭顱已可知	乏人偶見除	彭城古名郡	衰髮不滿梳	我今四十二	窮苦自把鋤	豈比陶淵明	猛犬如黃驢	蒼鷹十斤重	搏射鹿與猪	閑隨李丞相	雍容十年儲	罷亞百頃稻	黄沙走清渠	上蔡有良田	歸意不少紓	胡爲厭軒冕	清廟陳璠璵	方當入奏事
	80	79	78	77	76	75	74	73	72	71	70	69	68	67	66	65	64	63	62	61
	我師寧與夢	作詩謝ニス	喜怒紛衆	升沈一何涼	秋扇悲婕好	雀羅弔廷日	翩如風中迩	世事日反要	教我時卷發	知我少所難	清詩綴瓊晘	醉中忽思我	玉斝傾浮明	冰盤薦文飾	相歡出同團	賴我同年古	懷抱向誰嫁	念子瘴江湟	芒鞋老菑金	會當相從土



Fig. 8. (a) Poem #786 entitled "Responding to a poem sent by Ren Shizhong and Jia Hangong." (b) Mandala pattern generated from (a) (copyright belongs to K. Hayata).

公 答任師中家漢

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(a)	10	9	8	7	6	5	4	3	2	1				
	硬黄小字臨黃庭。	新詩說盡萬物情。	謂是古人吁莫測•	故人坐上見君文	十年不入紛華域•	翹關負重君無力•	伯郎一斗得涼州。	將軍百戰竟不侯。	逢年遇合百無憂。	夜光明月非所投。		甚熟將入京應擧	秦與孫莘老李公擇	次韻秦觀秀才見贈
	24	23	22	21	20	19	18	17	16	15	14	13	12	11
	我聊爾耳君其漫•	山中既未決同歸	我亦淹留豈長算•	千金쓊帚那堪换•	知君不怕新書新。	從橫所值無不可	忽然一鳴驚倒人。	江湖放浪久全真。	短李髯孫眼中見 •	一聞君語識君心	天遣君來破吾願	誰謂他鄉各異縣•	空吟河畔草青青。	故人已去君未到



Fig. 9. (a) Poem #850 entitled "Responding to a poem sent by Qinguan, a talented man." (b) Mandala pattern generated from (a) (copyright belongs to K. Hayata).

shape; within the former several voids are embossed. Incidentally, the present mandala resembles in appearance a medallion of a Persian carpet (MISUGI and SASAKI, 1998) as well as an elaborate family crest in Japan (TAKAKI, 2003).

Poem #267: The pattern resulting from Poem #267 (OGAWA and YAMAMOTO, 1984), which is composed of 22 lines with seven characters per line (Fig. 5(a)), is seen in Fig. 5(b). In the title of this poem the Jinshan Temple indicates a Buddhist temple set up on an island in the Changjiang River, being 60 meters above the sea. For this mandala one will notice a wreathlike feature, where a thick wreath surrounds an octofoil and exhibits a somewhat garish pattern as if there were plenty of jewels being dispersed. In addition, careful observation of the inner boundary of the wreath allows us to perceive a multifoil.

Poem #276: The pattern realized with Poem #276 (OGAWA and YAMAMOTO, 1984), which is composed of 20 lines with seven characters per line (Fig. 6(a)), is shown in Fig. 6(b). In the title of this poem, Gushan stands for an islet in the Xi Lake; Huiqin and Huisi were known as poetic bonzes, both of them possessing a talent for writing. The morphology of the present mandala bears a resemblance to a bird's-eye view of a flower garden. We compare this pattern with the one yielded from the same poem but the reading being slightly different (OGAWA, 1983). The result can be seen in Fig. 6(c). Through comparison between the two patterns (Figs. 6(b) and (c)), we find a substantial difference for the intermediate garden located between the central and the outermost regions. Incidentally, the shape of the contour resembles that of Fig. 3.

Superimposition between Poem #276 and Poem #429: We consider Poem #429 (OGAWA and YAMAMOTO, 1984), which is composed of 28 lines with five characters per line (Fig. 7(a)) and is entitled "Bonze Qingshun newly builds Chuiyunting." Here Qingshun and Chuiyunting, respectively, are the name of a poetic bonze and that of an arbor. In an attempt to synthesize two patterns the result for superimposition between Fig. 6(c) and the pattern from Poem #429 is shown in Fig. 7(b). It is found that through this technique the original pattern (Fig. 6(c)) becomes highly complicated. Specifically, over a wide region around the center, a brocade pattern emerges. Note that brocades have been realized in a Japanese twilled cloth, typical of which will be FUSENRYO (TAKAKI, 2003).

Poem #786: The pattern generated from Poem #786 (OGAWA and YAMAMOTO, 1990), which is composed of 80 lines with five characters per line (Fig. 8(a)), is exhibited in Fig. 8(b). In the title of this poem, Shizhong and Hangong are another names of Jiand Qinguo, respectively. Note that this poem is longest among those cited in this paper; the total number of Chinese characters contained attains 400. We find in Fig. 8(b) a three-fold concentric structure, i.e., the innermost region is surrounded by a wreath, and furthermore, the outermost rim encloses the wreathy region; the rim and the wreath are connected each other with narrow bridges made of several warps and woofs. The whole pattern shines out with great brilliance.

Poem #850: The pattern weaved with Poem #850 (OGAWA and YAMAMOTO, 1990), which is composed of 24 lines with seven characters per line (Fig. 9(a)), is displayed in Fig. 9(b). As is suggested in the title, Qinguan possessed an outstanding talent for writing. Owing to this ability, later he was regarded as one of the four excellent scholars among pupils of Su Shi. In the pattern of Fig. 9(b) we perceive an insular region surrounded with a thick garland; the two regions are bridged with eight green paths. It is interesting to compare the patterns of the two regions. In contrast to a static feature in the island, the pattern of the garland appears to be dynamic and rather garish, which may remind us of HOSOGE, a jewel-figured flowerings in the Japanese family crests (TAKAKI, 2003). In consequence, the mandala of Fig. 9(b) allows one to associate itself with a bird's-eye view

(a)	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		
	但恐風霜侵髮齒	此墨足支三十年	定心肯爲微物起	一生當著幾兩屐	傾身障簏尤堪鄙	世間有癖念誰無	時人謬說云工此	我生百事不掛眼	嗜好晚將蛇蚓比	秦王十八已龍飛	顧與兒童爭慍喜	二子風流冠當代	自厭家雞題六紙	暮年却得庾安西	野鶩膻腥汗刀几	異時長笑王會稽	所藏墨	次韻答舒教授觀余
	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17		
	寒窗冷硯氷生水	聞君此詩當大笑	不惜千金求獵隨	時聞五斛賜蛾綠	雙鴉畫鬢香雲委	倒量連眉秀嶺浮	列屋閑居清且美	君不見永寧第中擣龍麝	萬竈燒松何處使	一螺點漆便有餘	但覔來禽與青李	作書寄君君莫笑	數畝荒園自鋤理	逝將振衣歸故國	缾應未罄罍先恥	非人磨墨墨磨人		

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Fig. 10. (a) Poem #857 entitled "Responding to remarks which Professor Xu has made on my stick of China ink."(b) Blue-based mandala pattern generated from (a) (copyright belongs to K. Hayata). (c) Same as (b) but the coloring based on brown (copyright belongs to K. Hayata).



Fig. 10. (continued).

of a dense forest preserving a bower.

Poem #857: The goal of our journey for a golden flower is just around the corner. The patterns realized with Poem #857 (OGAWA and YAMAMOTO, 1990), which is composed of 32 lines with seven characters per line (Fig. 10(a)), are exhibited in Figs. 10 (b) and (c). The color scheme of the former is taken after the blue flower in Henry of Ofterdingen by Novalis (1772–1801). Here one can find a number of multifoliate patterns constellating around the center; the outermost quatrefoil is bounded by a roundish contour. Futhermore the central flowerings would indeed preserve a feature in common with a medallion in a Persian carpet (MISUGI and SASAKI, 1998). The present mandala could be regarded as one of the best examples of an organic whole twilled with the spiral mapping, where a certain golden mean would be achieved between statics and dynamics. Finally the long years of effort achieved fruition!

Mandala as a Jewel among Stones

Seeking for a Chinese poem which may possibly yield a beautiful spirally mapped mandala could be compared to the work of mining engineers who labor to strike a vein. The subsequent drawing process of the mandala seems analogous to the effort of jewelers searching for a more brilliant cut. To conclude each of the mandalas presented in this paper

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is a jewel among stones. Work is underway to confirm relevence to the art therapy using mandalas (KELLOGG *et al.*, 1977; FINCHER, 1991).

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